



**Dr. Chris CSI**  
Chiropractic Sports Injuries

## **Welcome to the Dr Chris CSI - Chiropractic Sports Injuries!**

We want to thank you for choosing the Dr Chris Chiropractic and for giving us the chance to help you. With your cooperation, I am sure that you will obtain the results you seek. We will do whatever it takes to help you get well as soon as possible.

The purpose of our office is to serve you, and we will be happy to answer any questions concerning your health care. We pride ourselves on serving happy, healthy and enthusiastic patients. Also, please let us know if there is ever a concern or problem you need to discuss (e.g. concern about your care, finances, long waits, etc.). Your comments help us to identify areas of concern and thus, help our office improve our service to our clients.

As you begin to improve, share your joy and health with your friends and loved ones; we always appreciate referrals! Once again, thank you for choosing our office, and we look forward to working with you to help you regain optimum health.

Sincerely,

Client Relations  
Dr Chris CSI - Chiropractic Sports Injuries

## **Our Mission**

To create a healing environment in which people take individual responsibility and learn to maximize their optimum health potential. We do this by listening and becoming aware of the person's individual needs so that we may utilize tools and resources that will best serve their body, mind, and spirit. Our fundamental approach includes clearing the nerve system, increasing structural integrity, providing nutritional support, decreasing emotional tension and inspiring people to make better choices in sickness and in health.

## Appointments and Office Procedures

Once you begin chiropractic care, and we have decided which care program best serves your healthcare needs, we expect you to adhere to your schedule. It took time for you to lose your health, and it will take time to regain it. We will do our very best to ensure that you get the results that chiropractic wellness care is capable of delivering and the results you deserve. We expect your full cooperation. If we see however, that you are not taking your care seriously, or you are not conscientiously taking responsibility for your health, we reserve the right to dismiss you from care.

**Your schedule.** We will recommend a specific schedule of chiropractic wellness care for you. A certain number of adjustments within a certain amount of time is necessary for us to get the results that we both desire. We may also recommend ancillary services such as acupuncture, massage or specific exercise therapy. If you need to change the time of your appointment, plan to come another time on the same day. If an appointment must be changed, please notify our office immediately so that someone else can be scheduled in your appointment time. If you must cancel your appointment on a certain day, you must make up that scheduled appointment as soon as possible, preferably, the next day. Missed appointments cause patients to lose ground and not get well as expected. If you miss your appointment and do not call us, we will call you to reschedule.

**Your Third and Subsequent Visits** Your third and subsequent visits to our office will take only 5-15 minutes total, depending upon the wait. Also, depending on whether or not you are fitness training or getting a massage. We will make every effort to make chiropractic care affordable for you.

**Bring your children in for checkups.** Children are just as susceptible to spinal injury and trauma as you are, perhaps even more so! Don't wait until they have health problems of their own to get them checked out. Newborn children are not too young to get their first spinal examination. The birth process is often the first spinal trauma. Our doctors have a lot of experience with taking care of children and the procedures we use on children are very gentle and safe.

### Our office visit procedure

When you arrive at our office, please sign in. The "Chiropractic Assistant" (CA) will usually handle all "front desk business" in one trip. The CA will collect the fee for that day (if not pre-paid), make your next appointment, handle any other business you may have at the front desk, such as signing insurance forms.

At this point simply have a seat in the waiting room. You will be escorted to the appropriate therapy, massage room, adjusting room or training facility.

**Fast service.** You may be surprised at how quickly we can get you in and out on your chiropractic appointment. Most patients appreciate the fact that we respect their time. We know that many doctors are slow and make their patients wait for substantial amounts of time, but we don't work this way. We know that your time is just as valuable as ours, so we promise that we won't waste it if at all possible. If ever you need to spend extra time with the doctor for any reason, we will be happy to schedule an appointment at a time when we can give you the attention and the care you need.

We thank you for entrusting us with the care of your health. We know that you'll be very happy with your experience in our office.